

April News



Adia Katherine Byrne was born to Tara Mawhinney and Chris Byrne in Montreal on Monday, March 17, 2008 at 11:01am, weighing 7lbs 11 oz.



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El Centro Zen de Puerto Rico – an early morning view from our “sister” Zen Centre during dai-sesshin in March.

Important Schedule Change/Etiquette announcement

> There will be a short **zazenkai** on **Sunday, April 20**, from 6:00am to 11:30am. A formal breakfast will be served. Please sign up at the Zen Centre by Friday, April 18. The cost will be \$15.

> The Zen Centre doors will be open **between 15 minutes and 5 minutes** before the hour of zazen – 6am, 6pm, and 9:30am on Saturday mornings. If you arrive and the door is locked, you are too late. Please arrive in time to use the bathroom, arrange your seat and be seated in zazen posture 2-3 minutes before the hour of zazen.

Spring Sesshin

The Spring 5-day sesshin will be held from Saturday, May 03 to Wednesday, May 07. Part-time attendance will be possible for full days on Saturday and/or Sunday. There will be limited space for full-time participants who want to sleep at the Zen Centre. Please let the Zen Centre know, as soon as possible, of your intention to attend. The cost will be \$200 for the full sesshin and \$50 for one day.

Hanamatsuri

Hanamatsuri, Buddha's birthday ceremony, will be held on Sunday, May 18, 11am, to be followed by coffee, our fresh ginger-lime tisane and homemade snacks. If you are able to help with set-up/clean-up, flower arranging, or refreshment preparation, please let the Zen Centre know. Children and guests are most welcome. Please RSVP the week before.

June Zazenkai

Depending on the weather and bug reports, the June zazenkai will be held on Sunday, June 08, at Zengetsu-an in the country. We will leave Montreal at 6am and leave Zengetsu-an at 5pm. A two-hour work period will be part of the zazenkai schedule.

“Zen Practice Fundamentals”

The French course is being held on Tuesday evenings, 7:45 to 9pm, until April 15. The Zen Centre will schedule the French and the English series next fall again. Many thanks to Stephane for recording the English evenings and to Marc for his help with translation for the French series.

“Sunday afternoons at the Zen Centre”

The Zen Centre's series of Sunday afternoon talks on the Rinzai Zen tradition has been very well attended and appreciated. Many thanks to the people who have helped with set-up, food preparation, clean-up, photography and sound recording for these Sunday talks. Thanks in advance for those who have volunteered to help with the transcription of the talks.

Facebook “Friend”

The Zen Centre has created a profile page on Facebook under the name Zengetsu Myokyo. If you would like to receive invites to events or updates on Zen Centre activities or if you would like to join the “Enpuku-ji/Centre Zen de la Main” Cause, send an email to the Zen Centre with your profile name and we will send you an invitation to become a “friend”.

Wish list

- > digital voice recorder with USB port
- > research on digital cameras
- > transcription of audio files of “Zen Practice Fundamentals”
- > biodegradable plastic bags
- > someone to design a marriage certificate for Zen Centre weddings

Important Dates

April 20 – **Zazenkai**

May 03-07 – **Spring Sesshin**

May 18 – **Hanamatsuri**

June 08 – **Zazenkai at Zengetsu-an**